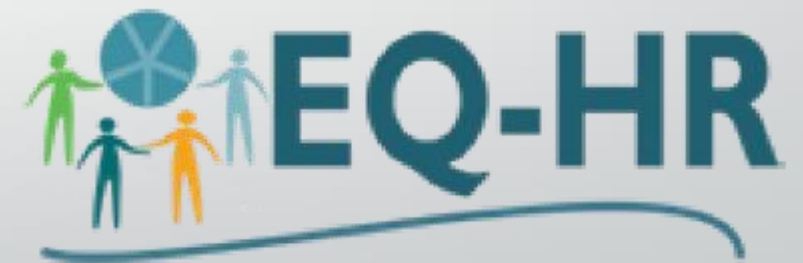


EMOTIONAL INTELLIGENCE AND HUMAN RELATIONS FOR FAITH BASED ORGANISATIONS

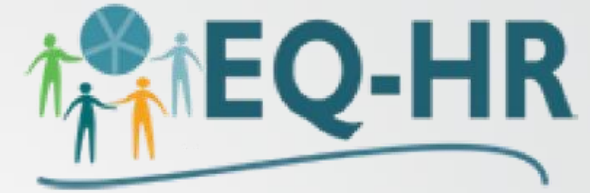


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WHO WE ARE



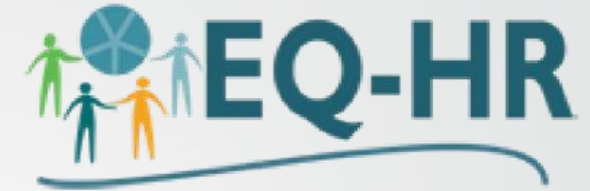
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AND HUMAN RELATIONS SKILLS



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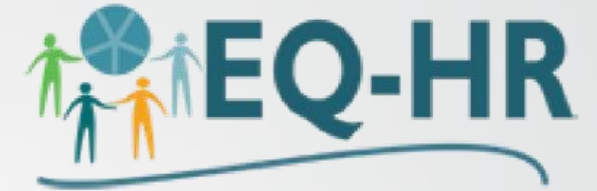
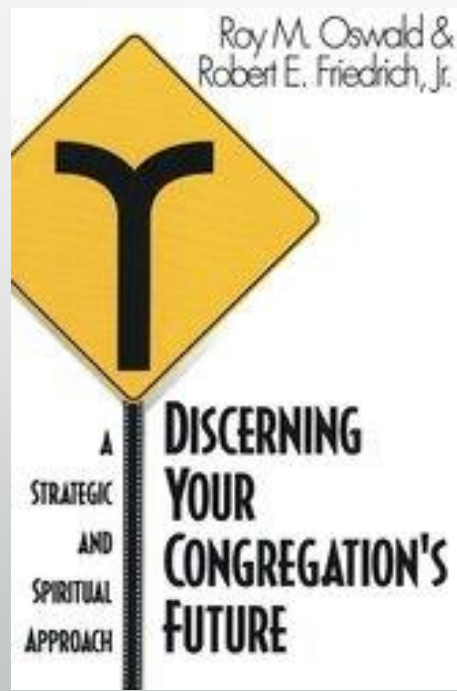
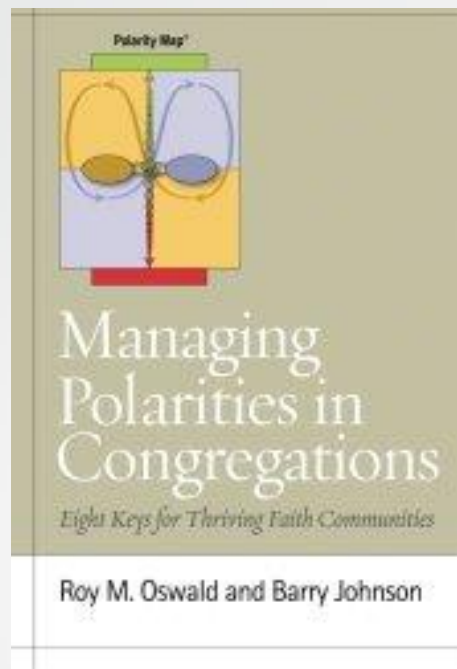
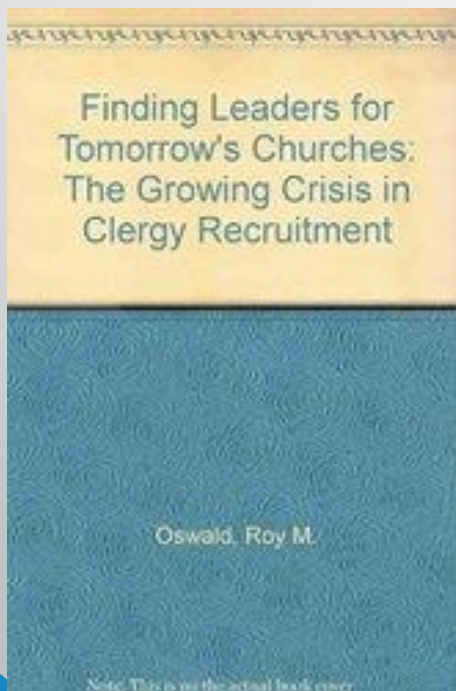
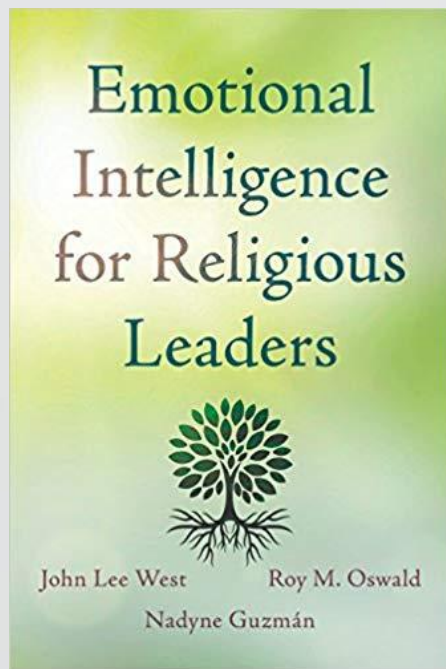
- **US based**
- **Established by Rev. Roy Oswald in April 2008**
- **Mission - to equip leaders within faith based organizations with skills that enhance their leadership abilities by **developing emotional intelligence** competence, **building human relations skills**, and **providing coaching support**.**

ABOUT REV. ROY OSWALD

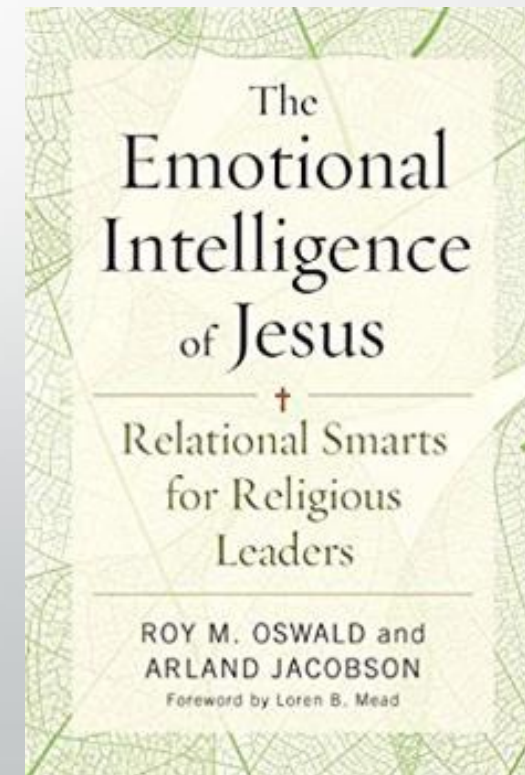


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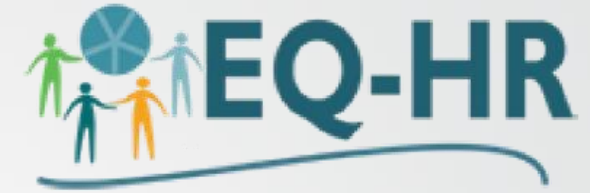
- **Lutheran Ordained Minister, Assistant Bishop**
- **Former Director of Training for the Metropolitan Ecumenical Training Center**
- **Former Research Director, Senior Consultant at Alban Institute**
- **Author**
- **Former Executive Director, Trainer Centre for Emotional Intelligence and Human Relations Skills**



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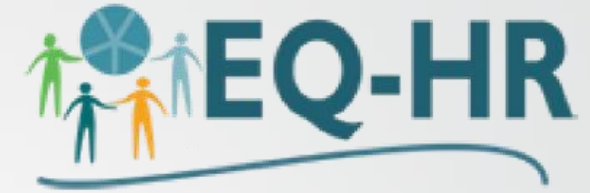
EMOTIONAL INTELLIGENCE



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- **WHAT IS EMOTIONAL INTELLIGENCE**
- **AND**
- **WHY DO WE NEED IT?**

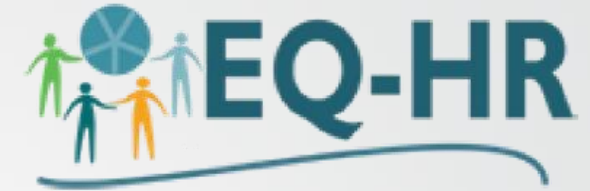
EMOTIONAL INTELLIGENCE



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- **IQ – Intelligence Quotient ... how intelligent are you?**
- **EQ – Emotional Intelligence Quotient**

EMOTIONAL INTELLIGENCE



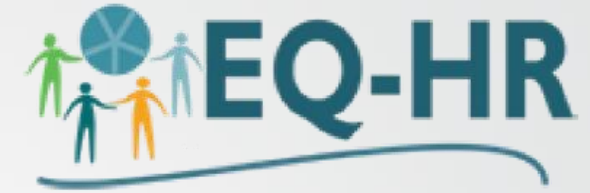
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Emotional Intelligence (Goleman) is defined as the ability to

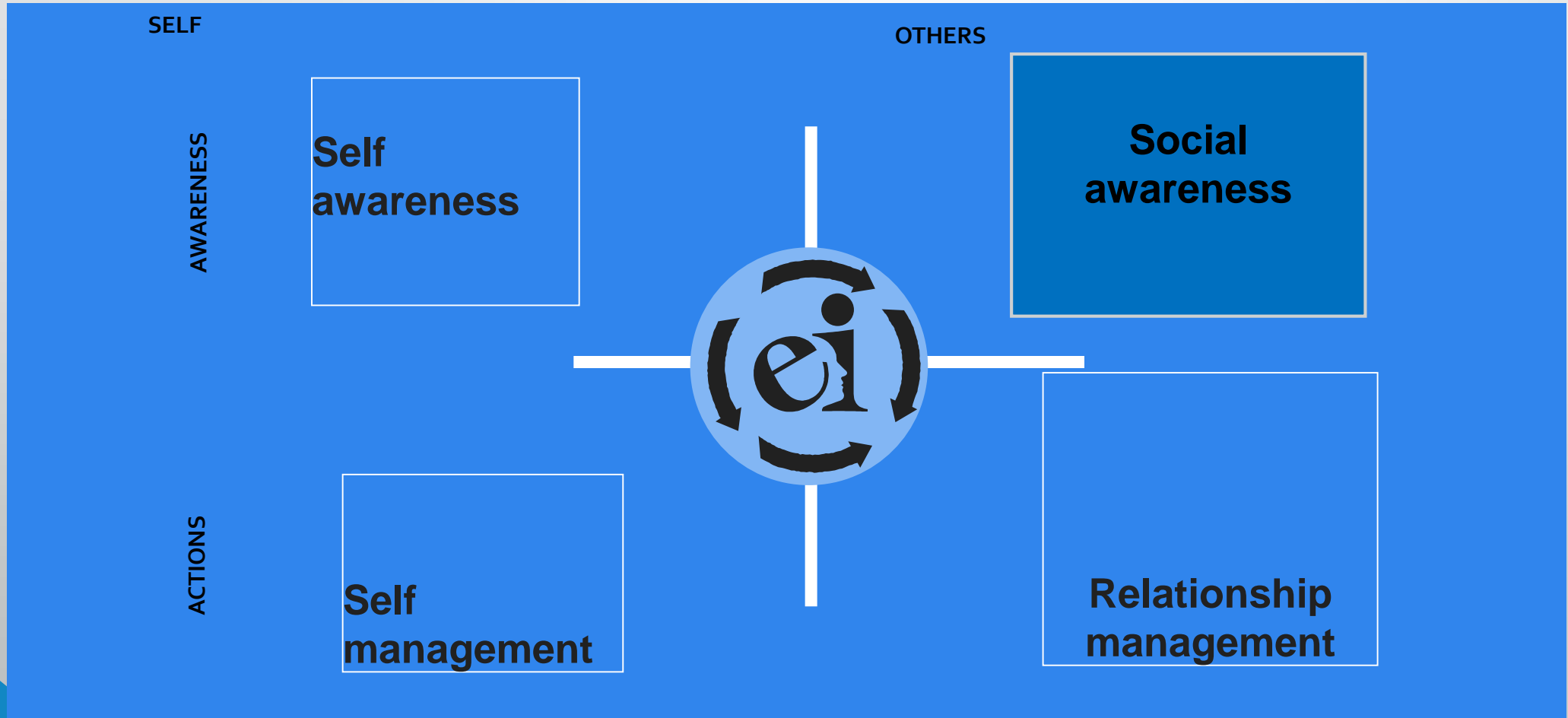
- **identify,**
- **assess, and**
- **control**

one's own emotions, the emotions of others and that of groups.

EMOTIONAL INTELLIGENCE



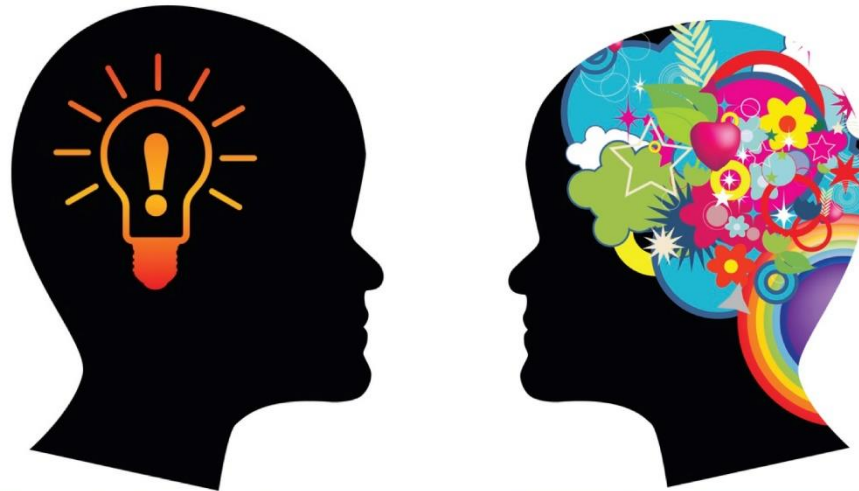
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EMOTIONAL VS INTELLIGENCE QUOTIENT

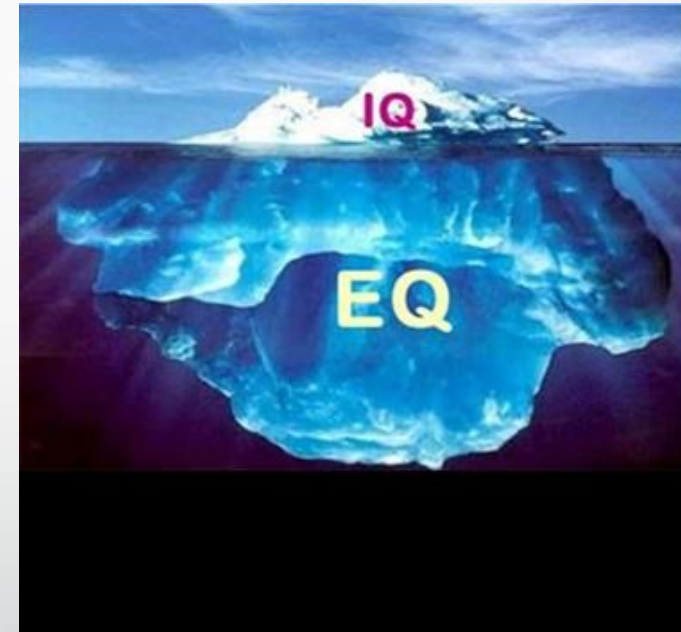


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IQ vs. EQ

Image ©Inovizion Consulting 2012



IQ predicts
1-20%
of Success
in a Job

EQ predicts
27-45%
of Success

EMOTIONAL INTELLIGENCE FOR RELIGIOUS LEADERS

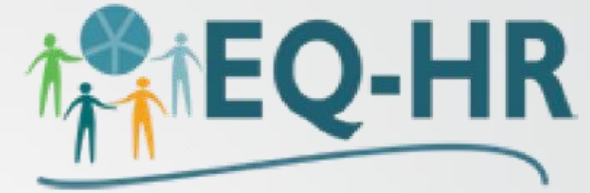


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THE GAP BETWEEN THEOLOGICAL TRAINING AND RELIGIOUS LEADERSHIP

During our research, many interviewees explained to us that they were well trained in theology and religious instruction during their formal education. However, they also communicated that their theological and religious training alone wasn't enough to prepare them for the emotional rigor they faced as religious leaders (figure 1.1). As Roy wrote previously: "Pastoral ministry is all about relationships. You may be a brilliant theologian, excellent at biblical exegesis . . . but if you are not emotionally intelligent, your ministry . . . will be difficult."¹¹

WHAT'S YOUR EXPERIENCE?



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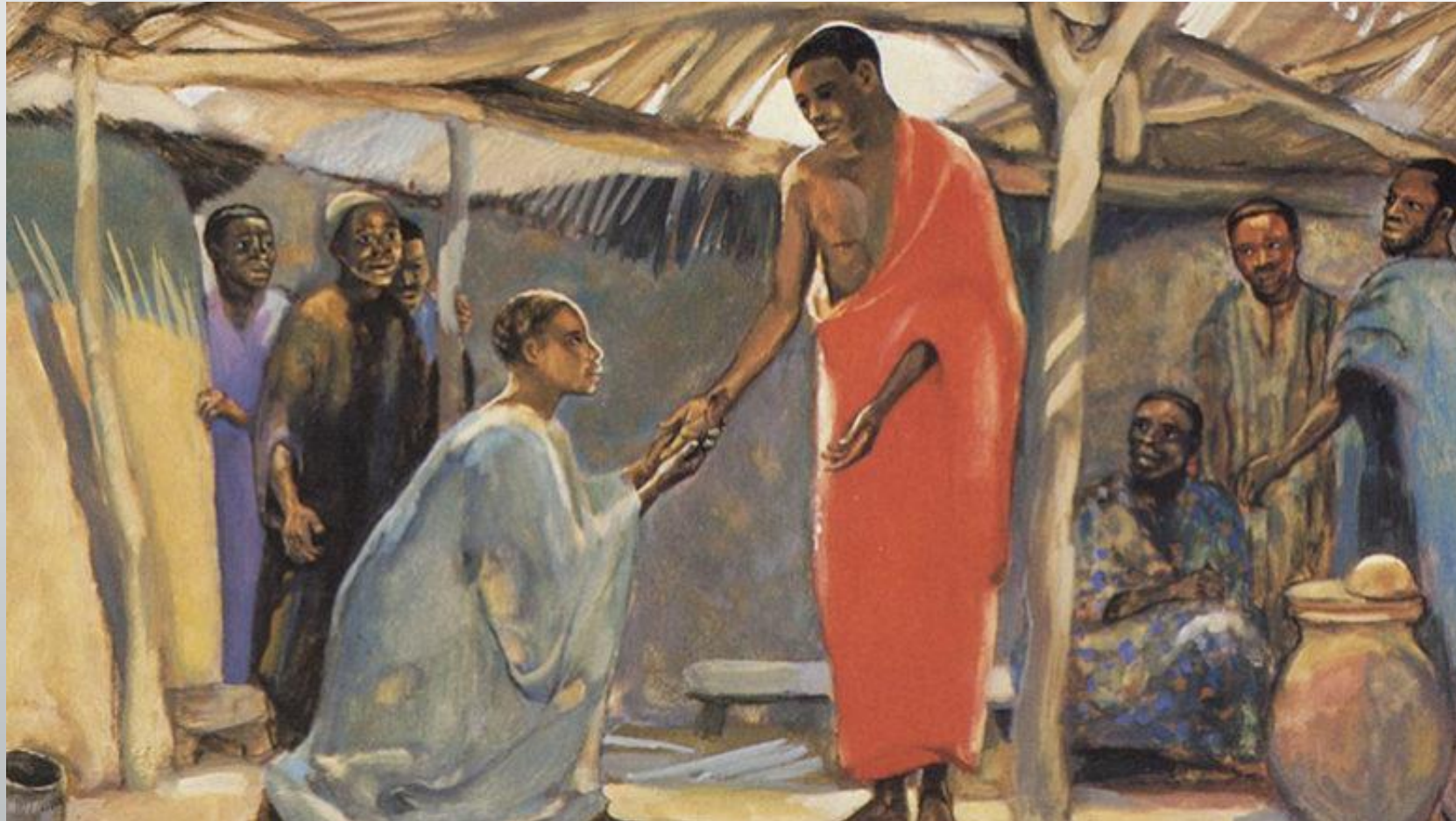
- **Extract from Emotional Intelligence for Religious Leaders.**

“If we are to lead excellently, we are unable to process every scenario that we encounter on a purely informational or rational level. By ignoring our emotions, we will short circuit our abilities and stunt our formation as religious leaders”.

EMOTIONAL INTELLIGENCE OF JESUS – John 20:19-31



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EMOTIONAL INTELLIGENCE OF JESUS – John 20:19-31



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- 19 On the evening of that day, the first day of the week, the doors being shut where the disciples were, for fear of the Jews, Jesus came and stood among them and said to them, "**Peace be with you.**"
- 20 When he had said this, he **showed them his hands and his side.** Then the disciples were glad when they saw the Lord. 21 Jesus said to them again, "Peace be with you. As the Father has sent me, even so I send you." 22 And when he had said this, he breathed on them, and said to them, "**Receive the Holy Spirit.**"
- 23 If you forgive the sins of any, they are forgiven; if you retain the sins of any, they are retained."

EMOTIONAL INTELLIGENCE OF JESUS – John 20:19-29

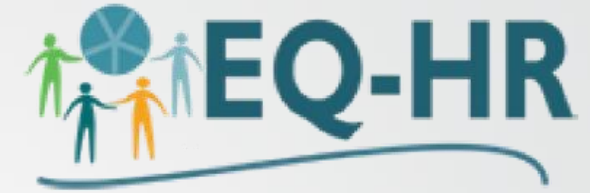


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- **24** Now Thomas, one of the twelve, called the Twin, was not with them when Jesus came. **25** So the other disciples told him, "We have seen the Lord." But he said to them, "Unless I see in his hands the print of the nails, and place my finger in the mark of the nails, and place my hand in his side, I will not believe." **26** Eight days later, his disciples were again in the house, and Thomas was with them. The doors were shut, but **Jesus came and stood among them**, and said, "**Peace be with you.**" **27** Then he said to Thomas, "Put your finger here, and see my hands; and put out your hand, and place it in my side; do not be faithless, but believing." **28** Thomas answered him, "My Lord and my God!" **29** Jesus said to him, "**Have you believed because you have seen me? Blessed are those who have not seen and yet believe.**"

TARGET AUDIENCE

- **Persons in formation**
- **Clergy**
- **Consecrated religious and**
- **Lay persons in ministry**



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THE PROGRAMME OUTCOME



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Participants in this programme have the opportunity to develop their Emotional Intelligence and Human Relations Skills and thus improve:-

- a) Their intrapersonal relationship,**
- b) Their interpersonal relationships,**
- c) Management of stress and**

Emerge with enhanced skills to facilitate their vocations of effectively ministering the gospel.

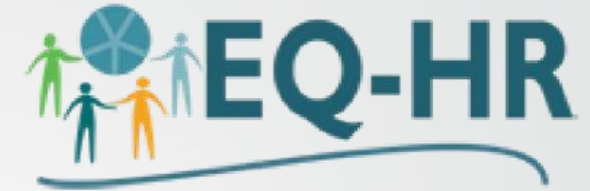
THE PROGRAMME CONTENT



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- **Self-Perception** - Having a solid understanding of one's self, one's emotions and one's inner life.
- **Self-Expression** - Being able to openly and honestly express one's true thoughts and feelings.
- **Interpersonal** - Having a healthy network of relationships.
- **Decision Making** - Feeling competent, calm and grounded in one's ability to use emotional information to make decisions.
- **Stress Management** - Feeling resilient in the face of adversity and armed with an arsenal of coping strategies.

THE PROGRAMME METHODOLOGY

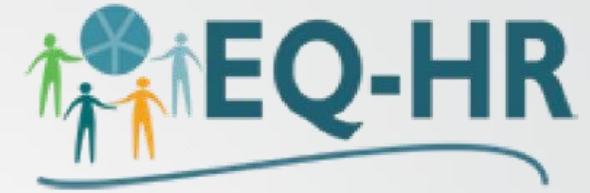


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- **Emotional/Social Competence Instrument (ESCI) – 360⁰ Feedback from peers, parishioners, spiritual directors**
- **Individual Coaching Session – facilitated by trainer during programme**
- **Learning Partner – feedback from selected participant during programme**
- **HR Learning Group – feedback from participants during session**
- **Opportunities to practice emerging skills**
- **Plenary Discussion**

THE PROGRAMME

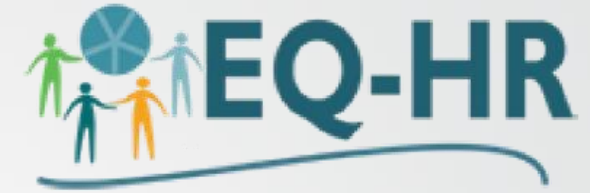
LOGISTICS AND COSTS



THE CENTER FOR EMOTIONAL INTELLIGENCE
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- 5 day **Residential** – Monday midday to Friday midday, daily sessions end at 9.00pm
- Maximum of 12 participants (may be drawn from other diocese), minimum 8 participants two (2) facilitators assigned
- Cost US\$11,000 flat fee – includes, tuition fees, ESCI Assessment and Airfare for Trainers based on 8 participants
- Center will provide 4 scholarships for 4 additional participants
- The host organisation will be responsible for provision of appropriate accommodation and meals for the trainers during the period. **Approx. 3 months lead time required for coordination**

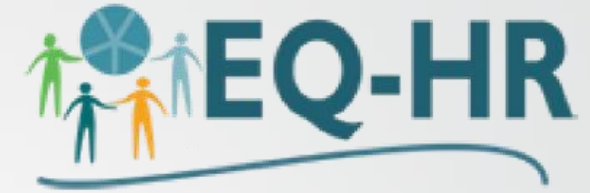
PREVIOUS CARIBBEAN PROGRAMMES



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- **July 18-22 2016 – Seminarians, hosted at Mount St Benedict.**
- **July 25-29 2016 – Priests, hosted at Mount St Benedict.**
- **February 6-10 2017 – Priests including Fr Kingsley Asphall Jamaica and Fr George Williams, Antigua. hosted at Mount St Benedict.**
- **February 13-17 – Deacons, hosted at Mount St Benedict.**

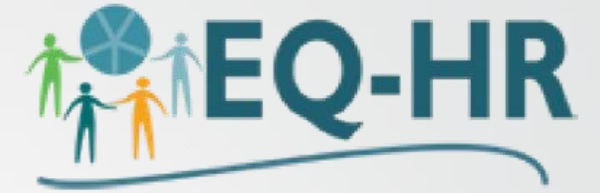
Caribbean Region Contact



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**Judy Joseph Mc Sween, Archdiocese of Port of Spain,
Secretary/Board Member Center for Emotional Intelligence and
Human Relations Skills**

- Email judy@meredithmcsween.com
- Mobile 868 684 9827



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